

Course syllabus for ERASMUS+ incoming students

Course Title	
Creative Expression Across Cultures - Workshop	
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ECTS credits	5
Number of hours	120
Course code	INT-IP-CEAC-26
Course description	
This workshop offers Erasmus + students an opportunity to explore creativity, intercultural communication, and personal expression through drama, dance and movement, drawing, and creative writing. Designed as an inclusive and experiential course, it encourages participants to experiment with different artistic forms, regardless of their previous experience, while building confidence, collaboration, and creative thinking. Through theatre games, improvisation, creative movement, expressive drawing, and guided writing activities, students develop communication skills, body awareness, imagination, and the ability to express ideas in both verbal and non-verbal ways. The workshop creates a supportive space for sharing personal stories, exploring cultural diversity, and learning from one another through artistic practice.	
Learning outcomes - course content	
To strengthen students` creative confidence; To enhance intercultural competence; To gain practical experience in using the arts as a tool for communication, reflection and community building. Course content: - Selected games and exercises: feeling what we touch (restructuring muscular relations); seeing what we look at; the memory of the senses; stimulators; storytelling involving drama. - Dance workshops: the Afro vibes to a viral choreography for "Let me be" by the Second Voice; the Bachata to "Gabriela" by Katseye;	

- Drawing workshops in which students respond to an emotional story and accompanying music by expressing the emotions evoked by the narrative;
- Drawing workshops in which students create and communicate a visual storyline using symbols, images, and graphic elements of visual art;
- Writing a poem based on prompts;
- Creating original rap lyrics to the melody of and/or inspired by a popular pop song;
- Working on a short and amusing sketch which will incorporate the acquired drama skills, intercultural competence and creative confidence.

Student workload (self-study description)

Self-study tasks will include maintaining a personal creative journal where students document ideas, sketches, reflections, and responses to workshop activities.

Participants are encouraged to observe their everyday environment and translate experiences, emotions, or intercultural encounters into short written texts, drawings, or visual notes.

Students will be asked to explore selected artistic references (such as short performances, poems, visual artworks, or music pieces) and reflect on how these inspire their own creative practice.

Students will be expected to practise their roles for the sketch, learn the roles by heart and meet up for rehearsals as well as practise the choreographies. The above mentioned activities shall support continuous reflection, reinforce workshop learning, and encourage students to take ownership of their creative development.

Literature

Games for Actors and Non-Actors. Augusto Boal. Warszawa: Cyklady, Drama Way, 2014.

English Sketches 2: Sketches from the English Teaching Theatre: Intermediate. Doug Case and Ken Wilson. Oxford: Macmillan Heinemann English Language Teaching, Second International Drawing Competition, Wrocław 2003: Exhibition Catalogue. Wrocław, 2003.

Instagram, Spotify, You Tube.